

生命的重塑 – 祂醫治你

Reshape of Life – He Heals you

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賽 53:5

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Edmund Cheung 張德明

“哪知他為我們的過犯受害，為我們的罪孽壓傷。因他受的刑罰，我們得平安；因他受的鞭傷，我們得醫治。” (以賽亞書 53:5)

“But he was wounded for our transgressions, crushed for our iniquities; upon him was the punishment that made us whole, and by his bruises we are healed.” (Isa 53:5, NRSV)

INTRODUCTION 引言

3 types of wounds 三種傷患

- 1) Physical 身體
- 2) Mental 精神
- 3) Spiritual 靈性

→ 心靈的醫治 Inner healing

INNER WOUND LEADS TO 心靈創傷引致

#1 – Agony 痛

#2 – Distorted perception 扭曲的認知

#3 – impeded behavior 行為障礙

#4 –Hurting others 傷害別人

“Hurt people hurt people” 受傷的人會傷人

#5 depression 抑鬱

#6 increased vulnerabilities to sickness, or even death 容易染病, 甚至死亡

Gospel of healing 醫治福音

Healing is the will of God. (Ex 15:26)

耶和華是醫治你的 (出 15 : 26)

“主耶和華的靈在我身上；因為耶和華用膏膏我，叫我傳好信息給謙卑的人，差遣我醫好傷心的人，報告被擄的得釋放，被囚的出監牢；” (以賽亞書 61:1)

“The Spirit of the Lord GOD is upon Me, Because the LORD has anointed Me To preach good tidings to the poor; He has sent Me to heal the brokenhearted, To proclaim liberty to the captives, And the opening of the prison to those who are bound;” (Isa 61:1, NKJV)

如何得到醫治？ How to get healed？

以賽亞的教導 Teachings of Isaiah

得醫治的步驟 Steps of Healing : 4 “R”s

Step #1 Return to the Father

步驟#1 回歸天父

“主耶和華—以色列的聖者曾如此說：你們得救在乎歸回安息；你們得力在乎平靜安穩；你們竟自不肯。” (以賽亞書 30:15)

“For thus said the Lord GOD, the Holy One of Israel: In returning and rest you shall be saved; in quietness and in trust shall be your strength. But you refused” (Isa 30:15, NRSV)

“... 因他受的刑罰，我們得平安；因他受的鞭傷，我們得醫治。” (以賽亞書 53:5)

“...upon him was the punishment that made us whole, and by his bruises we are healed.” (Isa 53:5, NRSV)

Step #2 Recognize your wound

步驟#2 認出你的傷痛

characteristics 特徵:

- agony 傷痛
- avoidance in fear 逃避
- overreaction 過激反應

sometimes recognition takes time to surface – 需要時間浮面

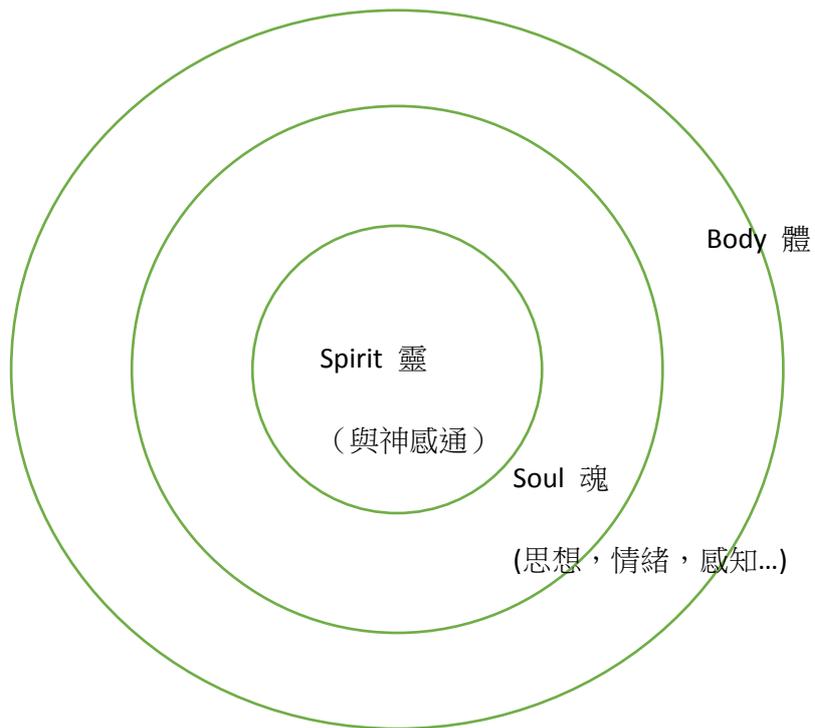
Step#3 Remove the sting of sin

步驟#3 求主移除罪的毒鉤

「罪」--來自自己或是別人 “Sin” – of yourself or of others

“Let the wicked forsake their ways and the unrighteous their thoughts. Let them turn to the LORD, and he will have mercy on them, and to our God, for he will freely pardon.” (Isa 55:7, NIV)

“惡人當離棄自己的道路；不義的人當除掉自己的意念。歸向耶和華，耶和華就必憐恤他；當歸向我們的上帝，因為上帝必廣行赦免。” (以賽亞書 55:7)



“所以你們要彼此認罪，互相代求，使你們可以得醫治。義人祈禱所發的力量是大有功效的。” (雅各書 5:16)

“Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective.” (雅各書 5:16, NRSV)

E.g. unforgiveness, 不饒恕

bitterness, 苦毒

bondage of sexual sin 情慾的捆綁

hatred 仇恨

jealousy 嫉忌

Step#4 Receive the Healing in the stream of the Holy Spirit

步驟#4 接受聖靈清泉的醫治

Let God cleanse you with the Lord's blood 求主用祂的血洗滌傷口

“哪知他為我們的過犯受害，為我們的罪孽壓傷。因他受的刑罰，我們得平安；因他受的鞭傷，我們得醫治。”(以賽亞書 53:5)

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Spend time in the Spirit – 浸沉在聖靈的河中

- 本週聖靈更新月會 Renewal Evening Prayer meeting

CONCLUDING REMARKS 結語

求主醫治 Get healed

1. Return to the Father 回歸天父
2. Recognize your agony 認出傷痛
3. Remove the sting of sin 移除罪鈎
4. Receive His healing stream 領受醫傷

Responding Song: 親愛的聖靈/ Come to the Father

經文:

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問題討論：

- 1· 分享一下你現時最想主在哪方面醫治你？你的心？你的身體？你的關係？你的家庭？
- 2· 最後一起讀雅各書 5：16，認罪與醫治又有何關係？
- 3· 若你想起與某些人有嫌隙，這星期內可否向他表達你想與他和好，請求她的寬恕。若有人向你認罪，請你用愛心寬恕他，讓我們可以彼此認罪、互相代求，就可以得到醫治。